

# The Washington Post

## Shopping Cart

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Fans of salty-sweet, here's a snack for you. Seattle-based Sahale Snacks offers creative combinations of fresh roasted nuts and dried fruit with no additives or preservatives, such as glazed almonds with cranberries, honey and sea salt; and Almond PB&J, almonds and peanuts in a lightly sweet berry glaze. They make a great afternoon treat and a terrific addition to salads. Recommended retail price \$3.99 per five-ounce bag. Available at natural foods stores, Target, Whole Foods Market and Wegmans.



(Photos By James M. Thresher For The Washington Post)