

SNACK BETTER®  
**SAHALE**  
SNACKS®

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**Look for the Nuts at Expo East**

*Sahale Snacks Highlights Award-Winning Glazed Nuts Line*

Seattle-based snack maker Sahale Snacks brings a bit of “snacking heaven” to downtown Boston with its newest **Glazed Nuts** line. Made with premium nuts and dried fruit pieces carefully batch prepared in kettles with natural sweeteners, these nuts have a flavor-filled crunch and a light, appealing balance of flavors. Try the entire snack line at the **Natural Products Expo East Show, September 23-26, 2009**, in Boston at **Booth #1675**.



**Cashews with Pomegranate & Vanilla** (4oz/SRP\$4.99 and .75oz/SRP \$.99)

**Winner of *Shape Magazine's* 2009 “Best Snack Award.”**

Whole roasted cashews are teamed with pomegranate and apple and balanced with pure, fragrant vanilla bean. Sahale Snacks’ light glaze adds just the right amount of sweetness.



**Almond PB&J with Peanuts and Berries** (4oz/SRP\$4.99 and .75oz/SRP

\$.99) Reminiscent of the beloved PB&J sandwich, this kid-friendly mix of whole almonds and peanuts is complemented by raspberries and strawberries.



**Almonds with Cranberries, Honey and Sea Salt** (4oz/SRP\$4.99 and .75oz/SRP \$.99) Sahale Snacks starts with whole almonds and the finest orange blossom honey, adding naturally tart dried cranberries, toasted sesame seeds and a sprinkling of unexpected sea salt for an exquisite salty-sweet taste.

Sahale Snacks also makes five distinctive **Nut Blends**, including **Soledad Nut Blend**—a tangy mix of almonds, apple, flax seeds, dates, balsamic vinegar and cayenne pepper that was recently named one of the “**125 Best Foods for Men**” in *Men’s Health* (June ‘09).

**About Sahale Snacks**

Sahale Snacks was founded in Seattle in 2003 by Josh Schroeter and Edmond Sanctis after climbing Mt. Rainier and enduring days of uninspiring trail mix and energy bars. The two friends set out to create a natural and healthy snack that tasted great. The company follows a simple philosophy: Start with natural whole foods, add a dash of culinary magic and offer busy consumers convenient, sophisticated, healthy snacks. Sahale Snacks is dedicated to helping people “Snack Better™.”

The founders named the company after Sahale Peak, which is north of the Cascade Pass in the North Cascades National Park in Washington State. Pronounced “sah-HA-lee,” it’s a beautiful peak with a cool glacier and great views. For more information please visit [www.sahalesnacks.com](http://www.sahalesnacks.com) or Sahale Snacks on Facebook and Twitter.

Sahale Snacks’ lines of Nut Blends and Glazed Nuts are available in conventional, natural and specialty grocers, as well as cafes, outdoor/recreation stores and hotels. A store locator is available on [www.sahalesnacks.com](http://www.sahalesnacks.com).

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